

## **Who is Charles (Chuck) Maack in the Wichita, Kansas and Worldwide Prostate Cancer Community?**

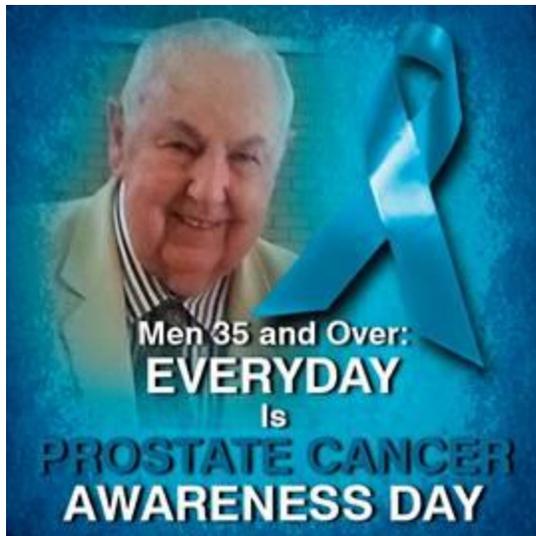
After 27 years of service to his country in the U.S. Navy, Chuck retired December 31, 1976 at the top of the Navy enlisted rank as Master Chief Cryptologic Technician, Operations/Communications (“O”) Branch, United States Naval Security Group.

UNITED STATES NAVY 1949 - 1979



Charles (Chuck) Maack  
Master Chief Cryptologic Technician (CTOCCM)  
Command Master Chief  
U.S. Navy (Retired)  
December 12, 1949 – December 31, 1976 Active Duty  
January 1, 1977 -December 31, 1979 On-Call Fleet Reserve

Following diagnosis and treatment for prostate cancer in 1992 and with recurrence of his cancer in 1996, he has since dedicated his retirement, and immersed himself, in research and study of this men’s disease both to insure his own appropriate treatment and to serve as a worldwide online mentor to other men diagnosed with this disease, as well as their loved ones/caregivers.



Charles (Chuck) Maack (ECaP) - Continuing Prostate Cancer Patient Since 1992, Advocate, Activist, Volunteer Mentor since 1996 to men diagnosed with Prostate Cancer and their Caregivers locally and on-line Worldwide.

Charles (Chuck) Maack, a resident of Wichita, Kansas, describes himself as definitely not a Medical Doctor/M.D. to whom some people and some Medical and Scientific Journals address him (and whom he immediately corrects when so addressed), but rather a prostate cancer continuing patient since 1992 who could be considered a medical detective in view of the many years he has spent in deep research and study of this men's disease. He has served as a voluntary online mentor to patients and their caregivers locally and throughout the world since his prostate cancer returned in 1996. He explains what occurs in its development to diagnosis, what to expect in its progressive activity, treatment considerations depending on diagnostics and status, and treatment for side effects emanating from treatment - all that the patient is to research further then discuss with his treating physician. As a respected Prostate Cancer Mentor who assists physicians in this regard, he has received special recognition by two of the top American prostate cancer education and support organizations – Prostate Cancer Research Institute/PCRI [www.pcri.org](http://www.pcri.org), and Us TOO International Inc., Prostate

Cancer Education and Support Network [www.ustoo.org](http://www.ustoo.org) (more in this regard addressed below). He is known by many physicians throughout the United States who specialize in the treatment of prostate cancer. Local patients diagnosed with Prostate Cancer are referred to him by the Wichita Prostate Cancer Support Group (a chapter of Us TOO Intl., Inc.) [www.ustoowichita.org](http://www.ustoowichita.org), Wichita Victory in the Valley cancer support organization to whom he is associated as available to refer men diagnosed with prostate cancer and/or their caregivers who come to Victory in the Valley seeking answers to their questions/concerns [www.victoryinthevalley.org](http://www.victoryinthevalley.org), patients locally and throughout the world with prostate cancer refer other patients to him, and patients are referred to him by local physicians. Prostate cancer patients worldwide also contact him when reading his comments regarding this disease on online prostate cancer support lists. If further “credentials” are necessary, his can be reviewed on his website [www.theprostateadvocate.com](http://www.theprostateadvocate.com).

Likely the world’s foremost specialist specifically in research and treatment of recurring and advanced Prostate Cancer, Medical Oncologist Stephen B. Strum, M. D., FACP ([https://www.lifeextension.com/magazine/2004/12/profile\\_strum](https://www.lifeextension.com/magazine/2004/12/profile_strum) - <https://www.amazon.com/Prostate-Cancer-Essential-Concepts-Survival-ebook/dp/B00BBF249I>) , having come to recognize Mr. Maack’s several years also in research and study of this insidious men’s disease and as a patient mentor the recommendations Mr. Maack made to patients, made remarks such as the following on patient forums:

“I wish all MDs were as responsive as Chuck.” “Chuck represents what I call the CPR of what the medical profession should be all about, but rarely is. CPR (courtesy, professionalism, respect).” At another time he remarked: “since I regard you as one of the few brightly shining lights in the world of PC support....” In 2014 on a patient forum he remarked: “.... In my 31+ years of working with men with PC, I find a minority of men who truly comprehend the basic principles/concepts of this disease like Chuck.” In March 2019 after noting Mr. Maack’s tenth article accepted for publication in a Scientific Biology Journal: “You certainly



epitomize the empowered patient and then go way beyond.” In an April 2019 post he remarked: “If I had a panel of MDs who profess to know PC and some patients like you on a stage, the audience would realize that you know more than most of the MDs.” And shortly thereafter: “So Chuck, keep on with the great work you are doing. You have ten years on me and you are as sharp as a tack. It is my privilege to consider you a friend and colleague.” More recently he remarked: “”You have led an exceptional life and you truly are an exceptional human being. When someone is good, very good, they should be extolled. I believe eulogies are best served while the person being praised is in the here and now to hear them. Your life is very praiseworthy. I have to say that I have met some damn good people in my lifetime. Thank you for being one of them.” As to ECaP when Chuck asked if he qualified as an ECaP, he remarked that Chuck’s work was beyond the ECaP description.

**Recipient 2008 Us TOO Intl., Inc., Prostate Education & Support Network prestigious 1st “Edward C. Kaps Hope Award”** noting: “An outstanding Leader in an Us TOO Support Group Who Has Shown Unselfish, Dedicated Service to Prostate Cancer Survivors and their Families.”

**Recipient 2012 Prostate Cancer Research Institute (PCRI) prestigious “Harry Pinchot Award”** noting: “accomplishments and personal attributes that show excellence in prostate cancer education, research, advocacy, and community support.”

(Read award acceptance remarks: <http://tinyurl.com/8sb9too>)

**Recipient 2016 Us TOO Intl., Inc. Certificate for 20 Years Dedication/Inspiration**

Personal interview 2009: <https://pcainternational.org/activities/lets-talk-about-prostate-cancer-series-b/>  
<<https://pcainternational.org/activities/lets-talk-about-prostate-cancer-series-b/>> and scroll down to “Let’s Talk About Prostate Cancer ... with Chuck Maack.” - please note that in that interview when I meant to be talking about antiandrogens I mistakenly used the word “Lupron.”

Of Possible Interest: “Leader – Born or Achieved-My Opinion; My Personal History:”

[http://www.theprostateadvocate.com/pdf/Leader-Born\\_or\\_Achieved-My\\_Opinion.pdf](http://www.theprostateadvocate.com/pdf/Leader-Born_or_Achieved-My_Opinion.pdf)

## PUBLISHED PAPERS IN MEDICAL & SCIENTIFIC JOURNALS

1. A Prostate Cancer Patient’s 24-Year (1992-2016) Continuing Journey from Diagnosis to Treatment to Recurrence to Mentoring”  
Published in JCPCR-04—201604 Volume 4 issue 4 –  
2016: <http://tinyurl.com/hcxuxv9> <<http://tinyurl.com/hcxuxv9>>
2. “Newly Diagnosed with Prostate Cancer? - A Mentor/Patient Discussion”  
Published May 23, 2017 Biomedical Journal of Scientific & Technical Research (BJSTR)  
<http://biomedres.us/pdfs/BJSTR.MS.ID.000110.pdf>  
<<http://biomedres.us/pdfs/BJSTR.MS.ID.000110.pdf>>
3. “A Wake Up Call To Men & The Women Who Care For Them”  
Published in JCPCR-06-00189 Volume 6 issue 1 - 2016:  
<http://tinyurl.com/3djfgve> <<http://tinyurl.com/3djfgve>>
4. “Considerations necessary regarding Prostate Cancer with the options of surgical removal of the prostate gland or with Androgen Deprivation (aka testosterone inactivating)Therapy (ADT) as follow-on

or primary treatment” published June 13, 2019 in Global Journal of Medical Research GJMR Volume 19 Issue 4 Version 1.0.

[https://globaljournals.org/GJMR\\_Volume19/1-Considerations-Necessary-Regarding-Prostate.pdf](https://globaljournals.org/GJMR_Volume19/1-Considerations-Necessary-Regarding-Prostate.pdf)

<[https://globaljournals.org/GJMR\\_Volume19/1-Considerations-Necessary-Regarding-Prostate.pdf](https://globaljournals.org/GJMR_Volume19/1-Considerations-Necessary-Regarding-Prostate.pdf)>

5. “Evidence Based Medicine”

Published in the Journal of Radiology and Diagnostic Imaging

Published November 19, 2018,

Radiol Diagn Imaging, 2018 doi: 10.15761/RDI.1000143

Volume 2(5): 1-1 ISSN: 2515-0200

[https://www.researchgate.net/publication/331201281\\_EVIDENCE\\_BASED\\_MEDICINE](https://www.researchgate.net/publication/331201281_EVIDENCE_BASED_MEDICINE)

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6. “Fluoroquinolones – Be Aware”

Published in the Journal of Cancer Science and Clinical Oncology, Volume 5, Issue 2 ISSN: 2394-6520 Published July 30, 2018:

<http://www.annepublishers.com/articles/JCSCO/5202-Fluoroquinolones-Be-Aware.pdf>

<<http://www.annepublishers.com/articles/JCSCO/5202-Fluoroquinolones-Be-Aware.pdf>>

7. “IAD/Intermittent Androgen Deprivation: When is it appropriate?”

Acta Scientific Cancer Biology 3.8 (2019): 19-21. Published Date: July 26, 2019

<https://www.actascientific.com/ASCB/pdf/ASCB-03-0150.pdf>

<<https://www.actascientific.com/ASCB/pdf/ASCB-03-0150.pdf>>

8. “Importance of Patient Attention to Physician Care”?”

Acta Scientific Medical Sciences Special Issue 1 (2019): 04-05.

Published: September 05, 2019

<https://www.actascientific.com/ASMI/pdf/ASMI-SI-01-0002.pdf>  
<<https://www.actascientific.com/ASMI/pdf/ASMI-SI-01-0002.pdf>>

9. “Medical Advice” or “Opinion” – The Important Difference  
Published in Acta Scientific Medical Sciences Volume 2 Issue 1  
January 2018: <https://www.actascientific.com/ASMS/pdf/ASMS-02-0019.pdf> <<https://www.actascientific.com/ASMS/pdf/ASMS-02-0019.pdf>>

10. “Orchiectomy – A Surgical Procedure in which One or both Testicles are Removed – is it Sufficient to Inhibit Androgen (Testosterone) from Access to Prostate Cancer Cells?”  
Published in Acta Scientific Cancer Biology Volume 3 Issue 4  
April 2019.  
<https://www.actascientific.com/ASCB/pdf/ASCB-03-0120.pdf>  
<<https://www.actascientific.com/ASCB/pdf/ASCB-03-0120.pdf>>

11. “Prostate Cancer Advocacy and Mentoring Support”  
Published November 22, 2017 in the journal “Holistic Approaches in Oncotherapy” HAOT-17-OPN-0004 1.1 (2017): 14-15; <https://scientiaricerca.com/srhaot/pdf/SRHAOT-01-00003.pdf>  
<<https://scientiaricerca.com/srhaot/pdf/SRHAOT-01-00003.pdf>>

12. “PSA Rising While on Routine ADT, No Metastasis Evident; should Chemotherapy with Docetaxel/Taxotere be Added? (Apparently NOT!)”  
International Journal of Cancer Treatment (Int J Cancer Treat Vol: 2, Issu: 2 (54-56)  
Published Date: 25 July, 2019,  
<https://innovationinfo.org/articles/FRCM/IJCT-2-118.pdf>  
<<https://innovationinfo.org/articles/FRCM/IJCT-2-118.pdf>>

13. “PSA Testing? Over-Treatment? Active Surveillance? Biopsy value? No PSA for Elderly?”

American Journal of Biomedical Science & Research Am J  
Biomed Sci & Res. 2018 - 4(5). AJBSR.MS.ID.000836. DOI:  
10.34297/AJBSR.2019.04.000836. Published Date: August 22, 2019  
<https://biomedgrid.com/pdf/AJBSR.MS.ID.000836.pdf>  
<<https://biomedgrid.com/pdf/AJBSR.MS.ID.000836.pdf>>

14. “The Battle with Prostate Cancer”

Published in Scientia Ricerca Chronical of Medicine and Surgery  
– Manuscript ID: COMS18OP-0027 ISSN: 2576-8298 Volume 2 Issue  
2 May 22, 2018: <https://tinyurl.com/42pqzjh>  
<<https://tinyurl.com/42pqzjh>>

15. “Triple-hormonal Blockade (ADT3) – a Patient’s Perspective”

Published in ONCOGEN - Independent Peer-Reviewed Cancer  
Journal 2019; Volume 2, Issue 1(2019;2(1):6)  
<https://www.oncogen.org/articles/triple-hormonal-blockade-adt3-a-patient-s-perspective-16415.pdf>